

**IAAH CONGRESS 2017: PRE-CONGRESS SKILLS BUILDING WORKSHOP 5**  
**Thursday October 26<sup>th</sup>**

<b>WORKSHOP TITLE</b>	<b>Young people's health and well-being: adequate care in vulnerable settings</b>
<b>RATIONALE</b>	<p>Young people (10-24) according to the latest WHO document AHA (add ref) is one of the age groups with the highest unmet needs in terms of global health. Interventions to promote health and healthy development in this age group can have positive effects on more than one generation (life course approach). The global societal changes have positive effects (better access to education and health care, greater mobility, access to information through social media) but some young people might be left behind for a variety of reasons at societal, community or individual and familial level.</p> <p>Gaining knowledge on concrete actions and programs based on a developmental approach and taking into account the rights of children can encourage participants to this workshop to develop actions adapted to the needs of young people in their own settings.</p>
<b>Facilitators:</b>	<p>Dr Anne Meynard, general practitioner &amp; adolescent health specialist  Geneva, Switzerland  anne.meynard@unige.ch</p> <p>Alice Armstrong, nurse practitioner &amp; adolescent health specialist    London, United Kingdom  alice.armstrong@live.co.uk</p>
<b>Taking place:</b>	<b>Afternoon</b>
<b>Training objectives</b>	<p>Discuss main challenges young people face in 2017 (societal, community, family and individual)</p> <p>Explore the concepts of powerlessness and empowerment and how they relate to the adolescent developmental process and their health and well-being.</p> <p>Gain knowledge about effective community interventions to promote health and healthy development for young people in vulnerable settings (at high risk of HIV, forced migration, special needs, ...)</p> <p>Review different health delivery platforms/strategies/approaches to respond to the health problems of specific subgroups who do not access to adequate health care</p>
<b>Facilitation techniques</b>	<ul style="list-style-type: none"> <li>• Group discussion</li> <li>• Use of videos and social media to illustrate interventions</li> <li>• Interactive lecture</li> <li>• Group work – using participatory learning and action approaches</li> <li>• Participation of young people</li> </ul>